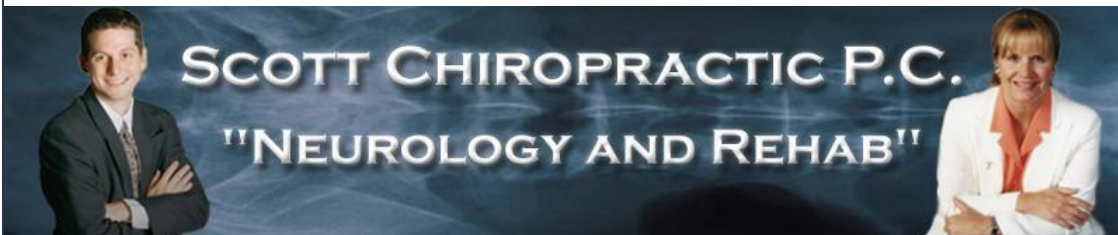


December 2010

Issue: 1



Welcome to Scott Chiropractic Center

Maintenance Care

Every 3000 miles we all do the same thing with our vehicles. We wait in a stuffy, uncomfortable auto shop while someone changes our oil. If this task is not performed regularly, our cars begin to break down and eventually the engine seizes. Tune ups, rotation of tires, replacing brakes, and putting proper fuel in our vehicles are just a few of the other tasks that are vital for a proper functioning car. However, keeping up with regular oil changes and other maintenance issues allow our vehicles to last longer and perform better.

Our bodies are much like vehicles. We require regular maintenance in order to perform our tasks better and live a longer, healthier life. Healthy diet, exercise, and regular maintenance care (chiropractic, dental, physicals, etc.) allow us to be at our best. Without these things, our bodies break down, our health deteriorates, and we just "exist" rather than thrive. Come in for your 3000 mile tune up and thrive.

In Health,
Scott Chiropractic Center



In This Issue

Maintenance Care

Therapeutic Massage

Annual Open House and Patient Appreciation Day

Annual Open House and Patient Appreciation Day



Join us for our Annual Open House and Patient Appreciation Day on Saturday, January 29th from 9AM to 4PM.

Enjoy food, fun and fellowship.
Complimentary Exams and X-Ray.
Meet Doctors and Staff.
Door Prices.

Insurance

With just a few weeks left in 2010, many of our patients have exhausted their maximum benefits for the year. Not all health coverage runs on a calendar year (January to December). Some benefits may be tied to a 12-month rolling cycle instead. But no matter when your policy renews, it is important to continue care to insure progress is maintained. Our office offers flexible monthly payment plans to help patients continue treatment. We are more than happy to work out a plan at any time in the year for our patients. Please feel free to speak with the front desk with any questions or insurance concerns you may have.

Therapeutic Massage

Massage and related bodywork techniques can release painful muscle tension, improve circulation, increase joint flexibility and reduce mental and physical fatigue. In addition, massage is among the most effective means available to combat stress. "From assembly lines to corporate headquarters, Americans are discovering the magic of massage." Newsweek, April 6, 1998. Massage is an excellent compliment to your chiropractic care. We have experienced therapist on staff. Call for your appointment today.

15% off all health products
(Saturday Only).
Free Orthotic Foot Scan.

Call to reserve your
appointment today or just
come by to say hi!

[Click Here](#) for the Formal
Invitation

[Join Our Mailing List!](#)

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