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Allergies and Chiropractic

Watery eyes, runny nose, sneezing, congestion, sounds like allergy season. You have waited all winter long for warm weather yet somehow forgot that it brings its own problems. Allergies begin as a result of your immune system fighting off irritants. They may start through skin contact (poison ivy, latex) injections (bee stings, medications) ingestion (foods, medications) or inhalation (pollen, pet dander.) Why do allergy symptoms arise? After the allergen is in your body, your immune system is triggered and a resulting hyperactive response occurs. Your system is trying to rid itself of a foreign body to which it has developed immunity. The coughing, sneezing and runny nose are the body's way of trying to expel whatever triggered the response. Itching and other unpleasant effects are a reminder to avoid future contact with allergens.

The immune system has over 30 different chemicals it releases in response to the allergen. The likelihood that you can stop all of these chemicals and their looming reactions is slim. Your best option is to stop the reactions before they begin. That is where we come in. Through nutritional supplements we can improve the immune system. By strengthening your immunity, you lessen or prevent the allergic response. Adjustments to the cervical spine aid by improving feedback from the immune system to the nervous system.

So the next time you have to change your plans due to allergies, give us a call. We want to help you to enjoy the spring.

Yours in health,
Scott Chiropractic

Grayson Day



Join us for Grayson's City Celebration and enjoy fun for the entire family!!

Grayson Community Park
One Park Drive, Grayson

Saturday, April 30, 2011 from 10 AM to 4 PM

Snellville Days



Join us for Snellville's City Celebration featuring craft, food, vendors, children's activity area, live entertainment, free concert Saturday evening and more.

Briscoe Park
2770 Lenora Church Road, Snellville
Saturday, May 7, 2011 from 10 AM to 6 PM
Sunday, May 8, 2011 from 10 AM to 5 PM

Save 25%

Natural D-Hist

Natural D-Hist is the ideal solution for many of the 40 million Americans who experience seasonal discomfort. Formulated for maximum effectiveness, Natural D-Hist utilizes carefully selected dosages of critical natural components to provide optimal support for nasal and sinus passages.

Enjoy this special offer through the month of April.